

> HEALTH SCIENCES

Enhance your opportunities for success with a Health Sciences Certificate. Building on courses which are currently part of health-related diplomas, this one-year certificate provides a pathway into health sciences diploma programs including: Therapeutic Recreation - Gerontology, Practical Nurse, Massage Therapy, Exercise Science or General Arts and Science. Complete a credential while you gain important foundational skills, explore your interests and build a well-rounded foundation for for a diploma or degree.

BE READY.



GENERAL ARTS AND SCIENCE HEALTH SCIENCES CERTIFICATE

NOT SURE WHICH DIRECTION YOU WANT TO TAKE YOUR CAREER IN YET? NO PROBLEM.

Build a well-rounded foundation for a career in health sciences with our certificate program. With readily transferable courses, flexible delivery methods and individualized timetables, it's easy to create an education fit for your future in a health-related program.

Starting your degree or diploma with a certificate just makes sense. You'll discover affordable tuition, small class sizes, experienced instructors who know you by name, a supportive and personalized environment.

- explore options in preparation for a health-related program
- complete a credential
- improve your standing for competitive entry programs
- complete courses needed for admissions requirements for a diploma program
- balance your workload by completing courses before you start your diploma

The on-campus fall admission program is designed for completion in two semesters, with the flexibility to include distance delivery courses in your schedule. You may gain required industry certifications while completing the program (First Aid, WHMIS, OHS)

PROGRAM CURRICULUM

The curriculum builds on existing courses, which have current transfer credit with other post-secondary institutions for students to ladder into diploma and degree programs.

	Course Name	Practical Nurse	Bachelor of Nursing	Exercise Science	Therapeutic Recreation	General Arts and Science	Massage Therapy
1	ENG 1150 Composition	●	●		●	●	
2	BIO 1160 Anatomy and Physiology 1	●	●	●		●	●
	One of:						
3	• PSY 1160 Intro to Psychology		●			●	
	• PSY 1170 Human Development	●		●	●	●	
	One of:						
	• BIO 1155 Human Nutrition		●	●		●	
4	• BIO 1152 Physiology of Aging				●	●	
	• BIO 1156 Health and Wellness Issues	●				●	
	• BIO 1162 Microbiology					●	
5	BIO 1161 Anatomy and Physiology II	●	●	●		●	●
	One of:						
6	• SOC 1160 Intro to Sociology		●	●		●	
	• SOC 1167 Sociology of Aging	●			●	●	
7	COM 1162 Interpersonal Communication	●		●	●	●	
8	Elective						
9	Elective						
10	Elective						

EXPLORE YOUR ELECTIVES

Choose your options from the approved electives list below:

Electives are courses you choose which are part of your certificate. These courses can be chosen to deepen your understanding, expand your knowledge, fulfil an interest, or set you on the path to a program at another college or university. Recommended electives are listed below.

Course Name	Practical Nurse	Bachelor of Nursing	Exercise Science	Therapeutic Recreation	General Arts and Science	Massage Therapy
BIO 1155 Human Nutrition		●	●		●	
BIO 1152 Physiology of Aging				●	●	
BIO 1156 Health and Wellness Issues	●				●	
BIO 1162 Microbiology					●	
COL 1130 College Success			●		●	
COM 1170 Helping Relationships Pre requisite COM 1162 Interpersonal Communication				●	●	
CPL 1150 W Service Learning					●	
CSP 1150 Medical Terminology					●	
ENG 1159 Writing for the Workplace			●		●	●
HUM 1155 Ethics		●	●		●	
INS 1155 Indigenous Studies		●			●	
PED 2272 Leadership in Physical Education					●	
PHY 1150 Intro to Physics Recommended for transfer to SAIT or NAIT					●	
PSY 1160 Intro to Psychology		●			●	
PSY 1170 Human Development	●		●	●	●	
PSY 1177 Psychology of Aging				●	●	
PSY 1168 Sport and Exercise Psychology			●		●	
PSY 2260 Abnormal Psychology Pre requisite PSY 1160 or PSY 1170		●			●	
SOC 1160 Intro to Sociology		●	●		●	
SOC 1167 Sociology of Aging	●			●	●	
SOC 1170 Introduction to Social Work					●	
STS 2250 Statistics Recommended for transfer to university		●			●	

EXPLORE YOUR FUTURE!

The one-year Health Sciences certificate is a pathway to health related diploma programs including:

- Practical Nurse
- Nursing degree
- Exercise Science
- Therapeutic Recreation - Gerontology
- Massage Therapy
- General Arts and Science



95%

OF COURSES TRANSFERABLE
TO COLLEGES AND UNIVERSITIES
ACROSS CANADA AND THE WORLD.

> READY TO TAKE THE NEXT STEP?

For more information, please contact the General Arts and Science program office or Academic Advising:

General Arts and Science • generalstudies@lethbridgecollege.ca

Academic Advising • advisor@lethbridgecollege.ca
403.320.3366 • PA1130 (across from the Bookstore)

Program Chairs:

Brent Cottle, General Arts and Science • brent.cottle@lethbridgecollege.ca

Jeff Hamilton, Exercise Science • jeff.hamilton@lethbridgecollege.ca

WHAT IS TRANSFER ALBERTA?

It's a provincial database holding information on course transfer between institutions in Alberta and Saskatchewan.

Check acat.gov.ab.ca for specific university transfer information.

Check BCtransferguide.ca for specific university transfer information in BC.

Remember to apply for Student Awards and Scholarships

lethbridgecollege.ca/awards

LEARN MORE AT

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BE READY.

