

The background of the slide is a solid red color. In the center, there are five silhouettes of people standing in a row, facing forward. The silhouettes are a darker shade of red than the background. The text 'WHAT IS CONSENT?' is centered over the silhouettes. The word 'WHAT IS' is in a smaller font size than 'CONSENT?'. A white horizontal line is positioned below the word 'CONSENT?'.

# WHAT IS **CONSENT?**

## CONSENT

is the voluntary agreement to engage in the sexual activity in question. It is an active, direct, voluntary, unimpaired and conscious choice and agreement between individuals at the age of consent to engage in physical contact or sexual activity.

## SEXUAL VIOLENCE

is any violence, physical or psychological, carried out through sexual means or by targeting sexuality. This includes, but is not limited to sexual assault, sexual harassment, stalking, indecent exposure, voyeurism, degrading sexual imagery, distribution of sexual images or video of a community member without their consent.

**If you or someone you know have experienced or was involved in an act of sexual violence, *there is support.***

Please seek professional help if you have experienced sexual violence.

On-campus supports:

- Health Services, open Monday- Friday 8 a.m. - 4 p.m., 403.320.3289
- A team of Health Care professionals are available to assist you in finding supports that will meet your needs.
- Shepell Student Support program, available 24/7/365 by visiting [mystudentsupport.com](http://mystudentsupport.com) or by calling 1.855.649.8641
- Security, available 24/7, 403.320.3206