

Sexual Violence is a broad term that describes any violence, physical or psychological, carried out through sexual means or by targeting sexuality. This violence takes different forms including sexual abuse and sexual assault.

Sexual Assault is nonconsensual sexual actions done by an individual(s) to another. It includes any unwanted sexual acts and can involve a range of behaviours from unwanted touching to penetration through the use of force, threats, control of another person that makes someone feel fearful, distressed, or threatened or is carried out in a way that an individual is not able to freely consent. Sexual consent is determined by lack of consent, and not by the act itself. Sexual assault is a **criminal offence** under the Criminal Code of Canada.

What is Consent?

Consent is the **voluntary agreement** to engage in the sexual activity in question. It is the act of **willingly agreeing** to engage in specific sexual behaviour, and requires that a person is able to **freely choose** between two options: yes and no.

This means that there must be an understandable exchange of **affirmative words**, which indicates a willingness to participate in **mutually agreed upon sexual activity**.

It is the responsibility of the initiator of sexual activity to ensure clear and affirmative responses are communicated **at all stages** of sexual engagement. It is also the initiator's responsibility to know if the person they are engaging with sexually is a minor.

A detailed description is contained in the Sexual Violence Policy for further detailed information.

Lethbridge College Sexual Violence Resource -Amethyst Project Protocol For Internal Use Only

If you or someone you know have experienced or was involved in an act of sexual violence, ***there is support.***

On-Campus Resources:

Health Services

Monday - Friday 8:00- 4:00pm

403.320.3289

Room CE: 1380

Shepell Student Support Program

Available 24/7/365

1.855.649.8641

Room CE: 1380

mystudentsupport.com

Shepell Employee Assistance Program

Available 24/7/365

1.800.387.4765

workhealthlife.com

Security

Available 24/7/365

403.320.3206

Off-Campus Resources:

Amethyst Project

Monday- Friday 8:00- 4:00pm

403.329.0088

Amethyst Crisis Line

Available 24/7/365

403.320.1881

Lethbridge City Police

403.328.4444

Victim Services

403.330.5176

Chinook Regional Hospital

403.388.6300

Lethbridge Family Services

403.327.5724

Sexual Health Centre

403.320.0110

AHS Mental Health & Addictions

403.381.5260

Health Services

September 2016

Amethyst Project Process

-Sexual Assault Advocate

If a victim presents to Chinook Regional Hospital, an emergency nurse will contact the on call Sexual Assault Advocate, who arrives within 30 minutes. The Sexual Assault Advocate explains the options available to the victim and provides emotional support throughout the process.

Sexual Assault Advocate informs and supports the victim through the following options:

Option 1: Medical care

Option 2: Medical care, sexual assault kit completed by a Sexual Assault Response Team Doctor and immediate police involvement

Option 3: Medical care, sexual assault kit, evidence is stored and no police involvement for up to one year. The Sexual Assault Advocate then connects the individual with specific sexual assault community services.

Please Note: The Sexual Assault Advocate is able to meet the individual on campus (preferably in Health Services). The advocate will assist with the process of providing information and provide transportation to the hospital or police station if the student so chooses.